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| **DAILY MEAL DEALS $8.50****Monday:** Chicken & Cheese Toasty, Noodle Snacks, 250ml Apple Blackcurrant Juice **Tuesday:** Small Chicken Bacon Veggie Egg Fried Rice, Small Choc Mousse, 350ml Wate**r****Wednesday:** Small Pasta Carbonara, Small Fruit Salad, 350ml Water**Thursday:** Small Spaghetti Bolognese, Small Jelly Custard Cup, 350ml Water**Friday:** Small Butter Chicken, 2 Mini Fruit Muffins, 250ml Chocolate Breaka Milk**LUNCH PACKS $7.50****Pack 1:** Ham Cheese Toasty, Small Apple, 2 Mini Fruit Muffins, 250ml Juice Apple/Blackcurrant**Pack 2:** Chicken Strip Wrap 7”, Noodle Snacks, Icy Fruit Stick, 390ml Water Bottle**Pack 3:** Gluten Free Nuggets, Popcorn, Dried Apricots, 350ml Water**BIRTHDAY CELEBRATIONS DEALS** **Frozen Treat Basket** Icy Fruit Stick for the class and Teacher **$25.00****Cookie Delight:** Mini Cookies pack for the class and Teacher **$25.00**Please order on a bag with Student’s name and class and we will organise a basket filled with your choice to be delivered to your child’s classroom. Includes Birthday Badge for your child. |  |  |
|   | **ORDERING OPTIONS****Online:** Why not try our online ordering system, it’s fast, efficient, convenient, and all done from home or even on your mobile phone. Register on [www.flexischools.com.au](http://www.flexischools.com.au)Cut off time 9:15am daily. |  **Primary School Break Times**1st Break 10.40am 2nd Break Flexischools Orders Only**Secondary School Break Times**1st Break 11.10am 2nd Break 1.00pm**www.uppercoomerasc.eq.edu.au**CanteenMenu |
|  | ***\*Canteen prices on the menu are correct at the time of printing. Prices are subject to change without notice.*** |  |

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| **SANDWICHES**Vegemite $2.00Egg $3.50Egg & Lettuce $4.20 Seasoned Chicken Cheese Mayo $4.80Seasoned Chicken Cheese Lettuce Mayo $5.30Ham Cheese $4.20Ham Cheese Tomato $4.80Cheese Salad $5.30Fresh Chicken Salad $6.50Ham Salad $6.00 **WRAPS**Sweet Chilli Chicken Salad (Cheese, Mayo) $7.50Gourmet Fresh Chicken Salad (Cheese, Mayo )$7.50Chicken Caesar Wrap $7.50Junior Chicken Strip Wrap $5.50(Lettuce, Cheese, Mayo, BBQ Sauce)Ham Salad Wrap $7.50 (Cheese, Tomato, Carrot, Lettuce, Cucumber, Mayo)  **SALADS**Chicken Caesar $8.00(Bacon, Egg, Lettuce, Parmesan Cheese, Croutons)Ploughman’s Lunch $7.80(Chicken Strip,Ham,Salami,Veggie Sticks,Cheese Crackers&,Aioli Dip)Salad Box $5.80(Lettuce, Carrot, Cucumber, Tomato) **ADD** Chicken, Ham Extra $1.50 | **SUSHI $4.20****Available Monday & Wednesday Only**Chicken Avocado (GF) Chicken Teriyaki (GF) Tuna Mayo (GF)Avocado (GF)**HOT FOOD**Beef Burger (Lettuce, Tomato, Cheese, Sauce) $6.50Chicken Burger (Lettuce, Tomato, Cheese, Mayo) $6.50Chicken Cheese Mayo Burger $5.50Cheeseburger (Tomato Sauce) $5.50Spaghetti Bolognese (with cheese) Small $6.00 Large $7.00Garlic Bread $2.00Mini Corn on the Cob $1.20Sausage Roll $4.00Meat Pie Snack size $2.80Meat Pie Large Traveller $5.20Hotdog (with or without sauce BBQ or Tomato) $4.20 Add Cheese $0.50Mini Hotdog (with or without sauce BBQ or Tomato) $2.70 Add Cheese $0.50Wedges (Sour Cream & Sweet Chilli) $4.80Hash Brown $1.00Chicken Nuggets (5) $3.50**GLUTEN FREE OPTIONS**Chicken Nuggets (5) $4.00**Extra:** Tomato or BBQ Sauce $0.50   | **DRINKS**Bottled Water 600ml $2.50Breaka Milk 250ml (Choc, Strawberry, ) $2.50Breaka Milk 300ml (Choc, Strawberry ) $3.00Breaka Milk 500ml (Choc or Strawberry) $5.00Fresh Plain Milk 300ml $1.60Up & Go (Choc or Vanilla) $3.00Juice Popper 250ml ( Apple B/C) $2.50Fruit Juice Slushy Small **JUNIOR ONLY** $2.20Fruit Juice Slushy Large **JUNIOR ONLY** $2.70Sparkling Fruit Juice 250ml $2.80(Raspberry, Grape, Watermelon, blue lemonade)Focus Water 350ml (Fruit Tingle) $2.50Juice Bomb 100% Sparkling Juice Apple Coola $2.50**SNACKS**Veggie Sticks (Carrot, Cucumber, Aioli) $2.00Cheese & Crackers $2.50Dried Apricots Pack (8) $1.00Custard Cup Large $3.20Jelly Custard Cup Large $3.20Jelly Custard Cup Small $2.20Chocolate Mousse Large $3.20 Chocolate Mousse Small $2.20 Fruit Salad Cup $3.20Watermelon/Rockmelon Cup $3.20Apple Slinky $2.00Banana Bread Homemade $2.80Muffin Homemade (Chocolate, Apple or B/berry) $2.80Choc Chip Cookie $2.00Popcorn (GF) $1.00Snaps Veggie Chips (GF) (Salsa) $2.20Grain Waves (Sour Cream & Chives) $2.00 Red Rock Chips (Honey Soy, Sea Salt) $2.00Jumpy’s (Chicken, Salt & Vinegar) $1.30**FROZEN TREATS**Pineapple Hoop $0.50Fruit Smoothie (Dairy Free) Small $2.50Fruit Smoothie (Dairy Free) Large $3.50Paddle Pop (Rainbow, Chocolate) $2.50Paddle Pop Lemonade Twist $2.00Calippo (Pine Raspberry) $2.00Frozen Yogurt (Wild Berry) $3.50Icy Fruit Stick $0.60Apple Blackcurrant Juice Cup $1.00 |