

DAILY MEAL DEALS \$9.00

Monday: Chicken & Cheese Toasty, Noodle Snacks, 250ml Apple Blackcurrant Juice

Tuesday: Small Spaghetti Bolognese, Small Jelly custard cup, 350ml water

Wednesday: Small Pasta Carbonara, Small Fruit Salad, 350ml Water

Thursday: Small Bacon Veggie Egg Fried Rice, Small Choc Mousse, 350ml water

Friday: Small Butter Chicken, 2 Mini Fruit Muffins, 250ml Chocolate Breaka Milk

LUNCH PACKS \$8.00

Pack 1: Ham Cheese Toasty, Small Apple, 2 Mini Fruit Muffins, 250ml Juice Apple/Blackcurrant

Pack 2: Chicken Strip Wrap 7", Noodle Snacks, Icy Fruit Stick, 390ml Water Bottle

Pack 3: Gluten Free Nuggets, Popcorn, Dried Apricots, 350ml Water

BIRTHDAY CELEBRATIONS DEALS

Frozen Treat Basket Icy Fruit Stick for the class and Teacher **\$25.00**

Cookie Delight: Mini Cookies pack for the class and Teacher **\$25.00**

Please order on a bag with Student's name and class and we will organise a basket filled with your choice to be delivered to your child's classroom. Includes Birthday Badge for your child.

ORDERING OPTIONS

Online: Why not try our online ordering system, it's fast, efficient, convenient, and all done from home or even on your mobile phone.

Register on www.flexischools.com.au
Cut off time 9:15am daily.

**Canteen prices on the menu are correct at the time of printing. Prices are subject to change without notice.*



**Upper Coomera
State College**

Learning Pathways to the Future

Canteen Menu

Primary School Break Times

1st Break 10.40am

2nd Break Flexischools Orders Only

Secondary School Break Times

1st Break 11.10am

2nd Break 1.00pm

www.uppercoomerasc.eq.edu.au

SANDWICHES

Vegemite	\$2.10
Egg	\$3.70
Egg & Lettuce	\$4.50
Seasoned Chicken Cheese Mayo	\$5.00
Seasoned Chicken Cheese Lettuce Mayo	\$5.50
Cheese Sandwich	\$3.50
Ham Cheese	\$4.50
Ham Cheese Tomato	\$5.00
Ham Cheese Pineapple	\$5.00
Cheese Salad	\$5.50
Fresh Chicken Salad	\$7.00
Ham Salad	\$6.50

WRAPS

Sweet Chilli Chicken Salad (Cheese, Mayo)	\$8.00
Gourmet Fresh Chicken Salad (Cheese, Mayo)	\$8.00
Chicken Caesar Wrap	\$8.00
Junior Chicken Strip Wrap (Lettuce, Cheese, Mayo, BBQ sauce)	\$5.50
Junior Fresh Chicken (Lettuce, Cheese, Mayo,)	\$6.00
Ham Salad Wrap (Cheese, Tomato, Carrot, Lettuce, Cucumber, Mayo)	\$8.00

SALADS

Chicken Caesar (Bacon, Egg, Lettuce, Parmesan Cheese, Croutons)	\$8.50
Ploughman's Lunch (Chicken Strip, Ham, Salami, Veggie Sticks, Cheese Crackers, Aioli Dip)	\$8.00
Salad Box (Lettuce, Carrot, Cucumber, Tomato)	\$6.00
ADD Chicken, Ham Extra	\$1.70

SUSHI \$4.50

Available Monday & Wednesday Only

Chicken Avocado (GF)
Chicken Teriyaki (GF)
Tuna Mayo (GF)
Avocado (GF)

HOT FOOD

Beef Burger (Lettuce, Tomato, Cheese, Sauce)	\$7.00
Chicken Burger (Lettuce, Tomato, Cheese, Mayo)	\$7.00
Chicken Cheese Mayo Burger	\$6.00
Cheeseburger (Tomato Sauce)	\$6.00
Spaghetti Bolognese (with cheese)	Small \$6.50 Large \$7.50
Garlic Bread	\$2.00
Mini Corn on the Cob	\$1.20
Sausage Roll	\$4.00
Meat Pie Snack size	\$2.80
Meat Pie Large Traveller	\$5.20
Hotdog (with or without sauce BBQ or Tomato)	\$4.50
	Add Cheese \$0.50
Mini Hotdog (with or without sauce BBQ or Tomato)	\$3.00
	Add Cheese \$0.50
Wedges (Sour Cream & Sweet Chilli)	\$5.00
Hash Brown	\$1.00
Chicken Nuggets (5)	\$3.70

GLUTEN FREE OPTIONS

Chicken Nuggets (5)	\$4.20
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Extra: Tomato or BBQ Sauce	\$0.50
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DRINKS

Bottled Water 600ml	\$2.50
Bottled Water 1 litre	\$4.00
Breaka Milk 250ml (Choc, Strawberry,)	\$2.50
Breaka Milk 300ml (Choc, Strawberry)	\$3.00
Breaka Milk 500ml (Choc or Strawberry)	\$5.00
Fresh Plain Milk 300ml	\$1.80
Up & Go (Choc or Vanilla)	\$3.00
Juice Popper 250ml (Apple B/C)	\$2.50
Fruit Juice Slushy Small JUNIOR ONLY	\$2.50
Fruit Juice Slushy Large JUNIOR ONLY	\$3.00
Peach Iced Tea 250ml	\$2.50
Orchy Orange Juice 350ml	\$3.50
Focus Water 350ml (Fruit Tingle)	\$3.50
Juice Bomb 100% Sparkling Juice	\$2.50
Apple Cola, Raspberry & Grape	

SNACKS

Veggie Sticks (Carrot, Cucumber, Aioli)	\$2.20
Cheese & Crackers	\$2.50
Dried Apricots Pack (8)	\$1.20
Custard Cup Large	\$3.50
Jelly Custard Cup Large	\$3.50
Jelly Custard Cup Small	\$2.50
Chocolate Mousse Large	\$3.50
Chocolate Mousse Small	\$2.50
Fruit Salad Cup	\$3.50
Watermelon/Rockmelon Cup	\$3.50
Apple Slinky	\$2.00
Banana Bread Homemade	\$3.00
Muffin Homemade (Chocolate, Apple or B/berry)	\$3.00
Choc Chip Cookie	\$2.00
Popcorn (GF)	\$1.00
Snaps Veggie Chips (GF) (Salsa)	\$2.50
Grain Waves (Sour Cream & Chives)	\$2.00
Red Rock Chips (Honey Soy, Sea Salt)	\$2.00
Jumpy's (Chicken, Salt & Vinegar)	\$1.30

FROZEN TREATS

Pineapple Hoop	\$0.50
Fruit Smoothie (Dairy Free) Small	\$3.00
Fruit Smoothie (Dairy Free) Large	\$4.00
Paddle Pop (Rainbow, Chocolate)	\$3.00
Paddle Pop Lemonade Twist	\$2.50
Calippo (Pine Raspberry)	\$2.20
Frozen Yogurt (Wild Berry)	\$3.50
Icy Fruit Stick	\$0.60
Apple Blackcurrant Juice Cup	\$1.00



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